Family Caregivers Respite, Helping Hands Respite Care

Age Requirements 18 and over Available 24/7 No Family No Intake Contact Email info@seniorsfirst.info **Intake Process** Call for information. A Case Manager will conduct an initial assessment to determine eligibility for Our Place services. **Provider Refer** Yes Self Refer Yes Seniors First, The Shenandoah Area Agency on Aging https://seniorsfirst.info/ https://seniorsfirst.info/services/in-home-services/respite-care/ Main (540) 635-7141 207 Mosby Lane 22630 VA United States Monday: 8:00 am-4:30 pm Tuesday: 8:00 am-4:30 pm Wednesday: 8:00 am-4:30 pm Thursday: 8:00 am-4:30 pm Friday: 8:00 am-4:00 pm Saturday: Closed Sunday: Closed

Fee Structure Call for Information Payment Method(s) Private Pay Languages Spoken English

Seniors First, The Shenandoah Area Agency on Aging (SAAA) currently operates two group Respite Centers for individuals with Alzheimer's disease or related dementia. Helping Hands Respite Care is a friendly and safe place. Contact a case manager from the Seniors First who will conduct an initial assessment to determine eligibility.

Caregivers are provided respite care, information and assistance, support group meetings and resources. Locations in Page County.

Service Area(s) Clarke County , Frederick County , Page County , Shenandoah County , Warren County , Winchester City Email info@seniorsfirst.info