Grief and Bereavement Support Groups

Age Requirements 16-21 , 18 and over Family No Intake Contact Email catherine.intartaglia@invoa.org **Intake Process** Visit the website, call 703-206-5433 for information **Provider Refer** Yes **Report Problems** Call the Agency Self Refer Yes Inova Life with Cancer http://www.lifewithcancer.org https://www.lifewithcancer.org/get-help/grief/ Main (703) 698-2526 8411 Pennell Street 22031 VA **United States** Monday: 9:00 am-5:00 pm Tuesday: 9:00 am-5:00 pm Wednesday: 9:00 am-5:00 pm Thursday: 9:00 am-5:00 pm Friday: 9:00 am-5:00 pm Saturday: Closed Sunday: Closed Fee Structure

No Fee

Languages Spoken English

Life with Cancer offers bereavement and grief support groups. Grief is normal and healthy and through education and support, the healing process begins.

Good Grief Group is an 8- week educational and supportive program for people who have lost a loved one to cancer.

Parent Bereavement Group is a monthly support group for parents of children, 18 and under, who have died from cancer.

We also offer a program called Handling the Holidays After the Death of a Loved One. The group offers positive strategies to help people cope with grief during the winter holiday season.

Short Term Grief is counseling available for adults, teens, children, or families who may need individualized counseling or have specific issues or concerns.

Find support and register for programs.

Service Area(s) Alexandria City

Arlington County

Fairfax City

Fairfax County

Falls Church City

Manassas City

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Manassas Park City

Prince William County Email <u>lifewithcancer@inova.org</u>