

# Diabetes Education Program

Age Requirements

18 and over

Family

No

Intake Process

Visit the website, call the office

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Holy Cross Hospital

<https://www.holycrosshealth.org/>

<https://www.holycrosshealth.org/find-a-service-or-specialty/diabetes-prevention...>

Main

(301) 754-7448

TTY/TTD

(301) 754-7406

1500 Forest Glen Road

20910 MD

United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Fixed Fee

Payment Method(s)

Private Pay

,  
Private Insurance  
Languages Spoken  
English

Holy Cross Diabetes Education Program provides education on a full range of lifestyle and clinical issues related to diabetes. Learn more about [Diabetes Prevention](#).

The education program covers the following:

1. Stress and psychological adjustment
2. Family involvement and social support
3. Nutrition
4. Exercise and activity
5. Medications
6. Blood glucose levels
7. Foot, skin and dental care
8. Behavior change strategies, goal setting, risk factor reduction, and problem solving
9. and more

Call for information about the Disease Prevention Program, a 12-month class.

Service Area(s)  
Nationwide