

Diabetes Support and Education Program

Age Requirements

0-5

,

6-12

,

13-21

,

22-55

,

56-60

,

60+

Family

No

Intake Contact Email

Tracie.Vaughan@LPNT.net

Self Refer

Yes

Twin County Regional Healthcare

<http://www.tcrh.org/Search.aspx?sterm=diabetes>

Main

(276) 238-3565

200 Hospital Drive

24333 VA

United States

Languages Spoken

English

Twin County Regional Healthcare offers a Diabetes Education Program. The program offers classes and programs to those who are newly diagnosed with diabetes or who need a refresher class. Individual counseling is also available by appointment.

The class will explain what diabetes is, how to eat healthy, the importance of exercise, the role of medications and the prevention of complications.

Diabetes Support Group is available to individuals and/or families who would like information and support on ways to successfully control diabetes. The cost is free and the day, time and place vary, based on demand.

Service Area(s)

Carroll County

,

Galax City

,

Grayson County