

## Personal Care

Age Requirements

18 and over

Available 24/7

Yes

Family

No

Intake Process

Call the office; visit the website

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Dependable Home Health Services, Inc.

<http://dependablehhs.com/>

<https://www.dependablehhservices.com/services/>

Main

(703) 370-2300

Toll-Free

(800) 779-1407

50 S. Pickett Street, Suite 200

22304 VA

United States

Fee Structure

Fixed Fee

Payment Method(s)

Private Pay

Languages Spoken

English

Dependable Home Health provides personal care. Services can include assistance with the following:

- daily routine
- bathing & shower
- transfer
- feeding
- personal hygiene
- dressing & personal appearance
- restroom use & incontinence care

Other services include light housekeeping, errands, laundry and more. Specialized care includes Alzheimer's or dementia care, care of houseplants, and accompany on vacation.

Service Area(s)

Alexandria City

,

Arlington County

,

Fairfax City

,

Fairfax County

,

Falls Church City