## Senior Center, Dr. Martin Luther King, Jr. Community Center

Age Requirements 0-5 , 6-12 , 13-21 , 22-55 , 56-60 , 60 +Family No Intake Contact Email sbailey@franklinva.com **Intake Process** Call the office **Provider Refer** Yes Self Refer Yes City of Franklin Parks & Recreation http://www.franklinva.com/ Main (757) 569-0768 683 Oak Street 23851 VA United States Languages Spoken English

A senior's program is offered at the Dr. Martin Luther King Community Center daily from 9:00 am - 1:00 pm offering exercise, crafts, games, opportunities to socialize and a delicious and nutritious meal. Other activities include blood pressure screening every third Thursday, monthly nutrition information, Birthday celebrations and monthly speakers on various topics of interest.

A community based recreation center where children, adults and senior citizens attend that offers programs such as arts & crafts, fitness, sports, life skills enrichment or family activities. The center consists of a large multi-purpose room that is used for diverse activities like table games, ping pong and video games to name a few. The center also has a pool room, fellowship hall and additional rooms for community organizations to hold meetings. The outside area has two basketball courts and a play area.

Service Area(s) Franklin City

Isle of Wight County Email sbailey@franklinva.com