

## Congregate Meals

Age Requirements

60+

Available 24/7

No

Family

No

Intake Process

Call 276-964-4915 for information about hours that the senior centers are open

Report Problems

Call the Agency

Self Refer

Yes

Appalachian Agency for Senior Citizens (AASC)

<http://www.aasc.org/>

Main

(276) 964-4915

Toll-Free

(800) 656-2272

Wardell Industrial Park

216 College Ridge Road

24609 VA

United States

Monday: 8:00 am-4:30 pm

Tuesday: 8:00 am-4:30 pm

Wednesday: 8:00 am-4:30 pm

Thursday: 8:00 am-4:30 pm

Friday: 8:00 am-4:30 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Note: Each Senior Citizens site is open from 10AM until 1PM. Call 276-964-4915 for location and days each site is open.

Fee Structure

Suggested Donation

Payment Method(s)

Private Pay

Languages Spoken

English

Appalachian Agency For Senior Citizens (AASC) offers senior sites that offer a congregate meal.

A nutritious lunch is available with a suggested donation of \$1.00 - \$5.00 based on age and income. Four County Transit may provide transportation for a small donation.

Sites are in the following locations:

- Grundy
- Tazewell
- Dante
- Clinchco
- Pocahontas
- Swords Creek
- Clintwood
- Richlands

The nutrition program can also provide home delivered meals: hot, frozen or canned meals to eligible senior citizens. This is one nutritious meal per day, seven days a week. Meals are delivered every 14 days.

Call the senior citizens site for more information or call Appalachian Agency for Senior Citizens at 276-964-4915.

Service Area(s)

Buchanan County

,

Dickenson County

,  
Russell County

,  
Tazewell County

Email

[referral@asc.org](mailto:referral@asc.org)