

## **Community Center at Sherando**

Age Requirements

18 and over

Available 24/7

No

Family

No

Intake Contact Email

fcprd@co.frederick.va.us

Intake Process

Call the office for information. Reservations must be made one day in advance and are subject to availability.

Frederick County Parks and Recreation

<http://www.co.frederick.va.us/departments/o-z/parks-recreation>

Main

(540) 869-5988

185 South Warrior Drive

22655 VA

United States

Additional Availability Comments

Monday-Friday 8 am - 5 pm

Fee Structure

Fixed Fee

Payment Method(s)

Private Pay

Languages Spoken

English

The Community Center at Sherando offers a fitness room with life Fitness pro 2 series equipment. Reservations must be made one day in advance and are subject to availability. Staff is trained in the proper use of the equipment and will assist when necessary.

Two racquetball courts are available. Call 869-5988 to reserve.  
Call for more information.

Service Area(s)  
Frederick County