

## Mental Health and Wellness Services

Age Requirements

18 and over

Available 24/7

No

Other Eligibility Criteria

All patients are required to complete a financial screening prior to obtaining services. Screening is done once a year. Income restrictions apply. No insurance.

Intake Contact Email

info@healthbrigade.org

Intake Process

Mental Health & Wellness services are available at Health Brigade by appointment only. Please call (804) 358-6343 to schedule an appointment.

Provider Refer

Yes

Report Problems

Call the Agency

Residency Requirements

Must reside in the service area.

Self Refer

Yes

Health Brigade

<http://www.healthbrigade.org/>

<http://www.healthbrigade.org/patients-and-clients/mental-health-and-wellness/>

<https://www.facebook.com/healthbrigade/>

[https://twitter.com/health\\_brigade](https://twitter.com/health_brigade)

Main

(804) 358-8538

1010 North Thompson Street

23230 VA

United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-12:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Call for an appointment.

Fee Structure

No Fee

Languages Spoken

English

,

Spanish

Mental Health & Wellness Services are provided to Health Brigade clients to enhance life satisfaction and well-being. They assist clients in identifying, understanding, and resolving challenges. Therapists, doctors, nurses, and other specialists work together as a team to meet each client's needs.

Because of their growing number of volunteer mental health providers, Health Brigade offers:

- Specialty mental health services (traditional 50-minute talk therapy sessions)
- Psychiatric evaluation and medication
- Support groups (such as Anger Management, Employment, LGBTQ, HIV+ clients, etc.)
- Behavioral health services (such as Smoking Cessation, Insomnia, Medication Adherence, etc.)
- Wellness services (such as Healing Touch, Meditation, Acupuncture, etc.)
- Other services (such as Legal Clinic, Voice Therapy for Trans clients, etc.)
- NOTE: Clients must be registered for services. Once a client is eligible, they can request a referral for a mental health appointment from their medical provider or health outreach provider.

Health Brigade offers medical and behavioral health services to transgender, genderqueer, gender variant, and gender non-conforming individuals. All patients are required to complete a financial screening prior to obtaining services. Screening is renewed every year.

GRTC #1 and #6 bus stops bring you within 3 blocks of us.

Service Area(s)

Amelia County

,

Caroline County

,

Charles City County

,

Chesterfield County

,

Colonial Heights City

,

Cumberland County

,

Dinwiddie County

,

Essex County

,

Gloucester County

,

Goochland County

,

Hanover County

,

Henrico County

,

Hopewell City

,

Isle of Wight County

,

King George County

,

King William County

,

King and Queen County

,

Lancaster County

,

Louisa County

,  
Mathews County  
,  
Middlesex County  
,  
New Kent County  
,  
Northumberland County  
,  
Petersburg City  
,  
Powhatan County  
,  
Prince George County  
,  
Richmond City  
,  
Richmond County  
,  
Southampton County  
,  
Surry County  
,  
Sussex County  
,  
Westmoreland County  
Email  
[info@healthbrigade.org](mailto:info@healthbrigade.org)