## **Health and Wellness Programs**

Age Requirements 56-60

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60 +

Family

No

Intake Contact Email support@ncba-aged.org

Self Refer

Yes

National Caucus and Center on Black Aging http://www.ncba-aged.org/wellnessoverview.php

1220 L Street NW Suite 800 20005 DC United States

Languages Spoken English

NCBA's Health and Wellness program offers a variety of services including the delivery and coordination of health education and promotion activities, the dissemination of and referral to resource materials and training and technical assistance. We also provide public awareness, community health promotion campaigns, technical assistance, and training programs which disseminate brochures, videos, and newsletters to thousands of African American elders.

NCBA promotes healthy living and prevention through nutrition, physical activities, early detection and screening.

Service Area(s)
Nationwide