## Physical Therapy

Age Requirements No Age Requirement **Intake Process** Call for information and to schedule an appointment **Provider Refer** Yes **Report Problems** Call the Agency Self Refer Yes **Highland Medical Center** https://ourhmc.org/ https://ourhmc.org/physical-therapy/ Main (540) 468-6430 Toll-Free (855) 468-3300 120 Jackson River Road P O Box 490 24465 VA **United States** Monday: 8:00 am-4:00 pm Tuesday: 8:00 am-7:00 pm Wednesday: 8:00 am-4:00 pm Thursday: 8:00 am-7:00 pm Friday: 8:00 am-4:00 pm Saturday: Closed Sunday: Closed Additional Availability Comments 1st Thursday we are closed between 12 pm - 1 pm Fee Structure Fixed Fee Payment Method(s)

Private Pay Languages Spoken English

Staff at Highland Medical Center offers services from one-time evaluation to guiding patients through physician-prescribed courses of physical therapy for

- Back, neck pain and spinal disorders
- Hip, knee, ankle, and shoulder dysfunction
- Muscular and joint dysfunction
- Sport and work-related injuries
- Pre- and post-surgery rehabilitation
- Urinary incontinence
- Wound Care
- Neurological disorders
- Pediatric Physical Therapy, including for HCPS

Fully equipped gym for wellness exercise. Membership available for modest fee.

Service Area(s) Highland County Email info@ourhmc.org