

# Education, Senior Advantage, Sentara RMH Medical Center

Age Requirements

0-5

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6-12

,

13-21

,

22-55

,

56-60

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60+

Family

No

Intake Contact Email

rmh\_rmhsenioradvantage@sentara.com

Provider Refer

Yes

Self Refer

Yes

Sentara Medical Group

<http://www.rmhonline.com/RMHServices/SeniorAdvantage/tabid/118/Default.aspx>

Main

(540) 433-4231

235 Cantrell Avenue

22801 VA

United States

Payment Method(s)

Private Pay

Languages Spoken

English

At Sentara RMH Medical Center, healthy aging is more than an idea—it is a way of life. It involves maintaining your health, participating in activities you enjoy and surrounding yourself with people you care about.

If you're age 55 "or better," the RMH Senior Advantage membership program is designed to provide you with the tools you need to achieve that lifestyle.

[Membership benefits](#) include health screenings, informative programs and seminars, social events, special discounts and much more! Programs offered in Harrisonburg, Mount Jackson, Shenandoah and Timberville.

Service Area(s)

Albemarle County

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Augusta County

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Greene County

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Harrisonburg City

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Highland County

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Page County

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Rockingham County

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Shenandoah County