

## **Senior Behavioral Health**

Age Requirements

22-55

,

56-60

,

60+

Other Eligibility Criteria

Serves adults age 50 and older.

Family

No

Provider Refer

Yes

Self Refer

Yes

Vernon M. Geddy Jr. Outpatient Center at Sentara Williamsburg Regional Medical Center

<http://www.sentara.com/services/seniors/pages/senioroutpatientbehavioralhealth...>

Main

(757) 345-4675

400 Sentara Circle, Suite 410

23188 VA

United States

Payment Method(s)

Private Pay

,

Medicaid

,

Medicare

Languages Spoken

English

The Senior Behavioral Health services is a medically supervised, structured outpatient program providing behavioral health services to older adults.

The program operates Monday through Friday and focuses on enhancing the skills necessary to foster independence, self-confidence and self-reliance.

Free assessments are offered to determine the need for behavioral health services. Some of the issues addressed in the program include:

- Depression,
- Anxiety,
- Social isolation,
- Unresolved grief and loss,
- Confused thoughts,
- Changes in physical health,
- Anger or agitation problems.

Referrals to the program may be made by anyone concerned about the welfare of an individual age 50 years or older. Rides to and from the program are provided if needed.

Service Area(s)  
James City County  
,  
Poquoson City  
,  
Williamsburg City  
,

York County