Senior Wellness Program, GoldenClub

Age Requirements 56-60

,

60 +

Available 24/7

No

Intake Process

Call for application; walk in or schedule an appointment.

Self Refer

Yes

Riverside Health System

http://www.riversideonline.com/services/seniors/goldenclub.cfm

Main

(757) 856-7010

Toll-Free

(888) 380-2273

Denbigh Professional Park 608 Denbigh Boulevard, Suite 806 23602 VA United States

Fee Structure
Call for Information
Languages Spoken
English

GoldenClub (formerly GoldenCare) is designed to offer you all the services and amenities that will make your goal of an exciting, full life a reality. Benefits include medical, educational, social and active wellness opportunities. Membership is completely free, and it takes just a few minutes to join. If you were a member of Riverside's GoldenCare program, you are automatically enrolled in GoldenClub.

Members receive among other benefits:

- Coordination of care and services to meet all of your aging-related health needs
- Educational seminars and wellness checks
- Free fitness days for GoldenClub members at Riverside Wellness and Fitness Centers
- Coordinated medical transportation (limited locations and times)
- And more (visit the website)
- For more information, call 757-856-7010.

```
Service Area(s)
Essex County
Gloucester County
Hampton City
James City County
King William County
King and Queen County
Lancaster County
Mathews County
Newport News City
Northumberland County
Poquoson City
Westmoreland County
```

York County