

# **Aquatic Physical Therapy | Outpatient Rehabilitation Services | Valley Health Wellness & Fitness Center**

Age Requirements

0-5

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6-12

,

13-21

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22-55

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56-60

,

60+

Available 24/7

No

Other Eligibility Criteria

Open to all persons with disabilities or injuries and who are 16 or older. Must have physician consent.

Family

No

Intake Contact Email

[eshea@powerwellness.com](mailto:eshea@powerwellness.com)

Intake Process

Referrals are accepted from physicians, health care providers, patients and their families.

Provider Refer

Yes

Self Refer

Yes

Valley Health Rehabilitation Services

<http://www.vhwellfit.com/clinical-programs/>

Main

(540) 439-2325

401 Campus Drive

22601 VA

United States

Fee Structure

Call for Information

Payment Method(s)

Tricare

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Private Insurance

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Medicare

,

Private Pay

Languages Spoken

English

Aquatic Physical Therapy provided by Valley Health Wellness & Fitness Center is a specialized physical therapy practice using the buoyancy and support of water to enhance exercise and create a safe environment for a patient to work towards recovery and independence.

The pool is accessible to all individuals with disabilities or injuries by using a lift chair or adaptive stairs. It is not necessary to know how to swim to participate in aquatic physical therapy.

Common conditions treated:

- Fibromyalgia
- Osteoarthritis

- Back pain
- Sacroiliac dysfunction
- Rotator cuff
- Paraplegia/Tetraplegia
- General debilitation
- Chronic pain syndrome
- Neurological disorders
- Lower extremity surgical reconstructions & amputations

If you think aquatic physical therapy can assist you in reaching your goals, ask your physician for a referral. Then call the convenient location for you to schedule an appointment. Aquatic physical therapy is covered under Medicare, and many insurance companies will reimburse the cost of this service.

Aquatic physical therapy is available at other Valley Health locations:

Outpatient Rehabilitation and Fitness Services

12 East Luray Shopping Center

Luray, VA

540-843-2561

Outpatient Rehabilitation and Fitness Services

261 Berkmore Place, Suite 2A

Berkeley Springs, WV

304-258-8377

Hampshire Wellness & Fitness Center

1000 Heritage Circle

Romney, WV

304-822-7273

Outpatient Rehabilitation Services

333 West Cork Street, Second Floor

Winchester, VA

540-536-5113

Service Area(s)

Clarke County

,

Frederick County

,

Warren County

,

Winchester City