

Weight Loss and Nutrition Counseling

Age Requirements

0-5

,

6-12

,

13-21

,

22-55

,

56-60

,

60+

Available 24/7

No

Family

No

Intake Process

Call for information

Self Refer

Yes

Morgan Wellness Center

Main

(757) 498-8455

3980 Virginia Beach Blvd.

Suite 103

23452 VA

United States

Additional Availability Comments

Personal Training hours are Monday - Saturday from 6 AM until 8 PM.

Hours for Chiropractic and Physical Therapy are Monday, Wednesday and Friday 8 AM until Noon and 2 PM until 6 PM. Tuesday and Thursday hours are 2- 6 PM.

Fee Structure

Call for Information

Languages Spoken

English

The T. J. Morgan Wellness Center offers weight loss counseling, nutritional counseling, meal planning, body fat testing, and more.

Service Area(s)

Virginia Beach City