SeniorHealth Services

Available 24/7

No

Other Eligibility Criteria

Seniors age 55 and older

Family

No

Intake Process

Visit the website; call the office

Report Problems

Call the Agency

Bon Secours Hampton Roads Health System

https://www.eseniorhealth.com/about-us/senior-health.php

Main

(757) 217-0330

7300 Newport Avenue, Suite 400

23505 VA

United States

Fee Structure

Call for Information

Languages Spoken

English

The Bon Secours Senior Health Program offers seniors a way to socialize, stay health, keep fit and have fun.

Visit Bon Secours SeniorHealth. The Bon Secours SeniorHealth team is a group of dedicated, experienced, and resourceful professionals, working in all areas of SeniorHealth services and Healthy Communities in the Hampton Roads and Richmond area. Combined they bring a wealth of experience that make SeniorHealth services, activities, and special events high quality and successful

The Bon Secours Senior Health membership program is open to all Virginia residents who are over 55 years of age. The program offers privileges and activities and it is free. It is a one stop shop for wellness activities and education programming in Hampton Roads.

Trips and Travel is one popular activity. Call for events or visit the website.

Membership may offer exercise programs; walking (at local mall); trips and outings; free health screenings; transportation service to a medical appointment and resource library and educational programs. Free Notary service, subscription to the GoodHealth magazine. SeniorFest is an annual health fair.

Service Area(s)
Hampton City
,
Newport News City
,
Norfolk City
,
Suffolk City