

Miscellaneous Support Groups

Age Requirements

No Age Requirement

Available 24/7

No

Other Eligibility Criteria

No residency requirement.

Family

No

Intake Process

Please send an email to seniorhealth@virginiahospitalcenter.com if you would like to receive an invitation for upcoming video meetings.

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Virginia Hospital Center (VHC Health)

<https://www.vhchealth.org/>

<https://www.virginiahospitalcenter.com/classes-events/healthy-aging/>

Main

(703) 558-6859

2800 Shirlington Road, Suite 600

22206 VA

United States

Additional Availability Comments

The support group meets the 3rd Wednesday of each month at 10 am.

Fee Structure

No Fee

Languages Spoken

English

Virginia Hospital Center (VHC) offers many support groups to address health issues of concern and to create connections for people in need of support. Visit [Support Groups](#) for online meetings.

No on-site classes until further notice. However, support groups may meet virtually. The CRC staff continue to be available by phone and email for all support needs. Contact Shari Sitron at 703.558.5555 or ssitron@virginiahospitalcenter.com with questions.

VHC offers an Alzheimer's & Dementia Caregivers Support Group that is free and open to the public. The group meets on the 3rd Wednesday of each month at 10 am using Zoom video conferencing.

Parkinson's Side y Side Support Group meets twice a month online on Zoom. Caregivers meet on the 2nd Tuesday of the month; individuals with Parkinsons meet on the 4th Tuesday of the month. Both meet from 10 am until 11:30. [Register here](#)

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Service Area(s)

Alexandria City

,

Arlington County

,

Fairfax City

,

Fairfax County

,

Falls Church City