

## Personal Care Services

Age Requirements

18 and over

Available 24/7

Yes

Family

No

Intake Process

Call the office; interview; complete application; plan of care developed

Provider Refer

No

Qualifications

Report Problems

Other

Self Refer

No

HomeWell Care Services

<https://homewellcares.com/in-home-care-va-sterling-va184/>

<https://homewellcares.com/in-home-care-va-sterling-va184/personal-care/>

<https://www.facebook.com/HomeWellCareServicesVA184/>

Main

(703) 431-4706

45662 Terminal Drive

20166 VA

United States

Additional Availability Comments

We answer our phone with a live, local care manager 24 hours a day, 7 days a week, 365 days a year.

Fee Structure

Fee Range

,

Call for Information

Payment Method(s)

Private Pay

,  
Private Insurance  
Languages Spoken  
English

,  
French

,  
Multi-Lingual

HomeWell Care Services provides non-medical personal care on a live-in, overnight and hourly basis. The goal is to keep seniors safe, comfortable, and pampered in their own homes. Services can also be provided in a hospital, residential community, or rehabilitation facility. Assistance is available to new mothers and non-seniors who may have a condition that requires this type of care. Overview of services provided:

#### Safety

- Standby walking assistance
- Help to prevent falls
- Medication reminders
- Manage dietary restrictions
- Manage food expiration
- Answer telephone or door

#### Independent

- Walking & range of motion exercises
- Pickup prescriptions
- Grocery shopping
- Transportation

#### Comfortable

- Bathing & dressing
- Toileting & incontinent care
- Bed bound assistance
- Help with feeding
- Application of lotions
- Personal hygiene assistance

#### Fulfilled

- Transportation to friends/family
- Accompaniment to medical appointments
- Escort to lunch & dinner
- Visit neighbors & friends
- Stimulating conversation
- Letter writing & correspondence
- Visit libraries, parks, senior centers

#### Pampered

- Preparation of nutritious meals
- Light housekeeping & laundry
- Kitchen cleanup
- Assistance with pet care
- Playing games & activities
- Attend events and socials

#### Dignity

- Assist with clothing selection
- Care directed by the client
- Life-enhancing activities and hobbies

#### Service Area(s)

Alexandria City

,

Arlington County

,

Fairfax City

,

Fairfax County

,

Falls Church City

,

Fredericksburg City

,

Loudoun County

,

Manassas City

,

Manassas Park City

,

Prince William County

,

Stafford County