

## Senior Activities

Age Requirements

56-60

,

60+

Available 24/7

No

Other Eligibility Criteria

Adults of all ages

Family

No

Intake Contact

Marty Trachtenberg

Intake Process

Walk-ins accepted; written application required. Please call for more information.

Provider Refer

Yes

Self Refer

Yes

Simon Family JCC

<http://www.simonfamilyjcc.org>

Main

(757) 321-2338

5000 Corporate Woods Drive, Suite 200

23462 VA

United States

Fee Structure

Call for Information

Languages Spoken

English

Active Seniors Adult Programming offers activities for seniors age 60 and older to include social activity, educational programs, Jewish holiday celebrations, trips and

fun.

Activities include knitting for others, Mahjongg, games, fitness for seniors, book club, and more.

Transportation may be available for most activities at the JCC. call Duane at 321.2241 for pricing and scheduling.

The JCC Seniors Club meets on the 3rd Wednesday of each month at 12 Noon. Cost is \$5 per person for lunch (this is for JCC Seniors Club members only). Call 426.3297 to inquire about membership.

Service Area(s)

Chesapeake City

,

Newport News City

,

Norfolk City

,

Portsmouth City

,

Suffolk City

,

Virginia Beach City

Email

[info@simonfamilyjcc.org](mailto:info@simonfamilyjcc.org)