## YMCA, King George YMCA

Age Requirements
No Age Requirement
Available 24/7

No

Intake Contact

Erin Reilley

Intake Contact Email

ereilley@family-ymca.org

**Intake Process** 

Please call or visit the website for more information.

Report Problems

Call the Agency

Self Refer

Yes

Rappahannock Area YMCA

https://www.family-ymca.org

https://family-ymca.org/find-a-y/king-george/

https://www.facebook.com/RappAreaYMCA

https://twitter.com/rappymca

Main

(540) 775-9622

10545 Kings Highway

22485 VA

**United States** 

Monday: 3:00 am-9:00 pm, 5:00 am-2:00 pm Tuesday: 3:00 am-9:00 pm, 5:00 am-2:00 pm Wednesday: 3:00 am-9:00 pm, 5:00 am-2:00 pm Thursday: 3:00 am-9:00 pm, 5:00 am-2:00 pm Friday: 3:00 am-9:00 pm, 5:00 am-2:00 pm Saturday: 2:00 am-6:00 pm, 7:00 am-1:00 pm

Sunday: 12:00 pm-4:00 pm

Fee Structure Fee Range Membership Fee Payment Method(s) Private Pay Languages Spoken English

King George Family Branch of the YMCA offers a variety of fitness and leisure programs for children, youth, adults, and seniors. Please call for more information.

The King George Facility is 50,000 square feet with a 25-meter pool; 2 court gymnasium; 5,000 square feet Wellness Center; Youth Wing; Group Fitness and Cycling Room. There is also a cafe with wi-fi for the members. The Wellness Center has over 30 pieces of cardio and weight machines for all abilities and ages.

FRED Express stops at the Y every hour. Check out Route K1 and Route K2.

Service Area(s)
King George County