

## YMCA, King George YMCA

Age Requirements

No Age Requirement

Available 24/7

No

Intake Contact

Erin Reilley

Intake Contact Email

ereilley@family-ymca.org

Intake Process

Please call or visit the website for more information.

Report Problems

Call the Agency

Self Refer

Yes

Rappahannock Area YMCA

<https://www.family-ymca.org>

<https://family-ymca.org/find-a-y/king-george/>

<https://www.facebook.com/RappAreaYMCA>

<https://twitter.com/rappymca>

Main

(540) 775-9622

10545 Kings Highway

22485 VA

United States

Monday: 5:00 am-2:00 pm, 3:00 am-9:00 pm

Tuesday: 5:00 am-2:00 pm, 3:00 am-9:00 pm

Wednesday: 5:00 am-2:00 pm, 3:00 am-9:00 pm

Thursday: 5:00 am-2:00 pm, 3:00 am-9:00 pm

Friday: 5:00 am-2:00 pm, 3:00 am-9:00 pm

Saturday: 7:00 am-1:00 pm, 2:00 am-6:00 pm

Sunday: 12:00 pm-4:00 pm

Fee Structure

Fee Range

,  
Membership Fee  
Payment Method(s)  
Private Pay  
Languages Spoken  
English

King George Family Branch of the YMCA offers a variety of fitness and leisure programs for children, youth, adults, and seniors. Please call for more information.

The King George Facility is 50,000 square feet with a 25-meter pool; 2 court gymnasium; 5,000 square feet Wellness Center; Youth Wing; Group Fitness and Cycling Room. There is also a cafe with wi-fi for the members. The Wellness Center has over 30 pieces of cardio and weight machines for all abilities and ages.

FRED Express stops at the Y every hour. Check out Route K1 and Route K2.

Service Area(s)  
King George County