

Home Delivered Meals, Rappahannock County

Age Requirements

No Age Requirement

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

To be eligible for home delivered meals, an individual must be at least 60 years of age, or that person's spouse, or an individual with a disability who lives at home with the recipient. Also, the individual must be unable to attend one of the Senior Centers and be without access to adequate nutrition, but able to remain safely at home.

Family

No

Intake Contact

Michael Soule

Intake Contact Email

rrcsb@rrcsb.org

Intake Process

Contact an Aging Support Coordinator at 540-825-3100 for more information. Ask to speak to the support coordinator for your county. The Aging Services Support Coordinator will need to do a home visit assessment to register you for this program. We are VDA funded and require a UAI intake form and a nutritional assessment. An initial assessment by a Senior Case Manager will determine a person's eligibility and nutritional needs.

Intake Contact Telephone

(540) 825-3100 x3321

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Encompass Community Supports

<http://www.rrcsb.org>

<https://www.rrcsb.org/senior-services/home-delivered-meals-program/>

<https://www.facebook.com/rrcsb>

@rrcsb

Main

(540) 825-3100 x3321

Phone Emergency

(540) 825-5656

15361 Bradford Road

PO Box 1568

22701 VA

United States

Additional Availability Comments

Crisis emergency services are available 24 hours per day, every day.

Fee Structure

Sliding Scale Fee

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Call for Information

Payment Method(s)

Private Pay

Languages Spoken

English

The Home Delivered Meals program at Encompass Community Supports provides nutritious, frozen meals to adults aged 60 and over who are unable to leave their homes due to illness, disability, or frailty and have no assistance preparing meals or shopping for food. Meals are delivered on a set monthly schedule. The meals are developed and based on guidelines from the Virginia Department for Aging and Rehabilitative Services. These meals are low in sugar and salt to accommodate individuals with special diets.

Donations are encouraged to help offset cost.

Service Area(s)

Rappahannock County

Email

rrcsb@rrcsb.org