

## **Gartlan Behavioral Health**

Age Requirements

0-5

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6-12

,

13-21

,

22-55

,

56-60

,

60+

Available 24/7

No

Other Eligibility Criteria

Children, Adolescent, Adult

Family

No

Intake Contact

Entry and Referral Office

Intake Process

Call Mental Health Entry & Referral Services Phone : 703-481-4230, TTY: 703-866-2147

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services

Qualification Number

113-07-006

Self Refer

Yes

Fairfax Falls Church Community Services Board

<http://www.fairfaxcounty.gov/csb/publications/gartlan-welcome.htm>

Main

(703) 360-6910

Phone Emergency

911

TTY/TTD

711

8119 Holland Road

22306 VA

United States

Fee Structure

Call for Information

Payment Method(s)

Private Insurance

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Medicare

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Medicaid

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Private Pay

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Tricare

Languages Spoken

English

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Multi-Lingual

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Spanish

The Fairfax-Falls Church Community Services Board's Gartlan Behavioral Health offers adult outpatient behavioral health services including mental health case management, medication services, and services for substance use disorders.

Available services include:

- Case management;
- Individual and group treatment;
- Medications;
- Nursing services;
- Treatment for co-occurring disorders;
- Outpatient treatment/education for substance use disorders;
- Mental health day supports;
- Community-based supports;
- Mental health adult residential services;
- Peer support;
- Pharmacy (QoL);
- Primary health care services (Neighborhood Health, Community Health Care Network);
- Services from other agencies.

Types of treatment groups include:

- Dialectical Behavioral Treatment (DBT);
- Emotional Regulation;
- Mindfulness;
- Co-Occurring Disorder;
- Solution for Wellness;
- Family Focus Group;
- Social and Life Skills;
- Trauma Recovery and Empowerment Model (TREM);
- Substance Use Disorders - Outpatient;
- Substance Use Disorders - Intensive Outpatient;
- Peer Support Group.

Service Area(s)

Fairfax City

,

Fairfax County

,

Falls Church City