

## **Home Delivered Meals**

Age Requirements

60+

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

To be eligible for home delivered meals, an individual must be at least 60 years of age, or that person's spouse, or an individual with a disability who lives at home with the recipient. Also, the individual must be unable to attend one of the Senior Centers and be without access to adequate nutrition, but able to remain safely at home.

Family

No

Intake Contact

Carroll Glasker

Intake Contact Email

contact@ecsva.org

Intake Process

Contact an Aging Support Coordinator at 540-825-3100 for more information. Ask to speak to the support coordinator for your county. The Aging Services Support Coordinator will need to do a home visit assessment to register you for this program. We are VDA Funded and require an UAI Intake plus additional information filled out before meals can be delivered. An initial assessment by a Senior Case Manager will determine a person's eligibility and nutritional needs.

Intake Contact Telephone

(540) 825-3100 x3321

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Encompass Community Supports

<https://www.encompasscommunitysupports.org>

<https://www.rrcsb.org/senior-services/home-delivered-meals-program/>

<https://www.facebook.com/encompasscommunitysupportsva>

Main

(540) 825-3100

Phone Emergency

(540) 825-5656

P O Box 1568

22701 VA

United States

Additional Availability Comments

Crisis emergency services are available 24 hours per day, every day.

Fee Structure

Suggested Donation

Payment Method(s)

Private Pay

Languages Spoken

English

The Home Delivered Meals program at Encompass Community Supports, formerly Rappahannock-Rapidan Community Services (RRCS) provides nutritious, frozen meals to adults aged 60 and over who are unable to leave their homes due to illness, disability, or frailty and have no assistance preparing meals or shopping for food. All meals are delivered on a set monthly schedule. The meals are developed and based on guidelines from the Virginia Department for Aging and Rehabilitative Services. These meals are low in sugar and salt to accommodate individuals with special diets. Ensure is also available as prescribed by a physician.

Donations are encouraged to help offset costs.

Service Area(s)

Culpeper County

,

Fauquier County

,

Madison County

,

Orange County

,

Rappahannock County

Email

[contact@ecsva.org](mailto:contact@ecsva.org)