Frederick County Senior Center

Age Requirements 60+ Available 24/7 No Intake Contact Renee Carr Intake Contact Email fredericksc@seniorsfirst.info **Intake Process** Call the office for more information; visit the website. Provider Refer No **Report Problems** Call the Agency Self Refer Yes Seniors First, The Shenandoah Area Agency on Aging https://seniorsfirst.info/ Main (540) 869-2444 **United Methodist Church** 5283 Main Street 22655 VA **United States** Monday: 9:30 am-1:00 pm Tuesday: 9:30 am-1:00 pm Wednesday: 9:30 am-1:00 pm Thursday: 9:30 am-1:00 pm Friday: Closed Saturday: Closed Sunday: Closed Additional Availability Comments Closed on Friday

Fee Structure Call for Information Languages Spoken English

Frederick County Senior Center is open to anyone 60 years of age and older. The Active Living Center offers a wide variety of activities, trips, socialization, current events, and fellowship. Noontime meals are available on days of operation. Nutrition and health programs and screenings are presented on a regular basis. Transportation may be available for those unable to drive. Call (540) 869-2444 for more information.

Service Area(s) Frederick County Email info@seniorsfirst.info