

Frederick County Senior Center

Age Requirements

60+

Available 24/7

No

Intake Contact

Renee Carr

Intake Contact Email

fredericksc@seniorsfirst.info

Intake Process

Call the office for more information; visit the website.

Provider Refer

No

Report Problems

Call the Agency

Self Refer

Yes

Seniors First, The Shenandoah Area Agency on Aging

<https://seniorsfirst.info/>

Main

(540) 869-2444

United Methodist Church

5283 Main Street

22655 VA

United States

Monday: 9:30 am-1:00 pm

Tuesday: 9:30 am-1:00 pm

Wednesday: 9:30 am-1:00 pm

Thursday: 9:30 am-1:00 pm

Friday: Closed

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Closed on Friday

Fee Structure

Call for Information

Languages Spoken

English

Frederick County Senior Center is open to anyone 60 years of age and older. The Active Living Center offers a wide variety of activities, trips, socialization, current events, and fellowship. Noontime meals are available on days of operation. Nutrition and health programs and screenings are presented on a regular basis.

Transportation may be available for those unable to drive. Call (540) 869-2444 for more information.

Service Area(s)

Frederick County

Email

info@seniorsfirst.info