## **Senior Activities, Randolph Community Center**

Available 24/7

No

**Intake Process** 

Call the office for more information.

Intake Contact Telephone

(804) 646-5733

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

City of Richmond Department of Parks, Recreation and Community Facilities

https://www.rva.gov/parks-recreation

https://www.rva.gov/parks-recreation/randolph-community-center-0

https://www.facebook.com/rvaparksandrec/

https://twitter.com/rvaparksandrec

Main

(804) 646-1080

TTY/TTD

(804) 780-8687

1415 Grayland Avenue

23220 VA

**United States** 

Monday: 8:00 am-12:00 pm Tuesday: 8:00 am-5:00 pm Wednesday: 8:00 am-5:00 pm Thursday: 8:00 am-5:00 pm Friday: 8:00 am-5:00 pm

Saturday: Closed Sunday: Closed Languages Spoken

English

Randolph Community Center offers a variety of fun, educational and energizing programs designed for adults over 55 years of age who wish to maintain a healthy and fulfilling life.

Exercise and fitness Programs are available for improving health with activities that promote muscle tone, strength, and strong minds, such as

- chair aerobics
- weight lifting
- fitness room
- walking trail inside and outside

Service Area(s) Richmond City Email

Email form is available on the website.