

Supplemental Nutrition Assistance Program **(SNAP)**

Age Requirements

18 and over

Available 24/7

No

Other Eligibility Criteria

Income and family size restrictions; resident of Hampton

Intake Process

Telephone referral; walk-ins accepted; written application required. Evidence of financial status is required. Income eligibility determined by the number in the family unit, net monthly income, and other assets. Income levels have changed. Caseworker referral.

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Hampton Human Services Department

<https://hampton.gov/269/Human-Services>

<https://hampton.gov/1000/Financial-Assistance-Offered>

Main

(757) 727-1800

1320 LaSalle Avenue, Suite 216

23669 VA

United States

Monday: 8:00 am-4:18 pm

Tuesday: 8:00 am-4:30 pm

Wednesday: 8:00 am-4:30 pm

Thursday: 8:00 am-4:30 pm

Friday: 8:00 am-4:30 pm

Saturday: Closed

Sunday: Closed

Fee Structure

No Fee

Languages Spoken

English

Hampton Human Services Department, formerly Social Services, participates in the Supplemental Nutrition Assistance Program (SNAP), formerly known as Food Stamps. SNAP benefits are electronic benefits that can be used like cash to buy food at any store that has a sign displaying the Quest logo or a picture of the Virginia Electronic Transfer Benefit card.

Each eligible household will receive a card that may be used like a bank debit card to purchase eligible food items from your account.

With SNAP benefits, you can also purchase seeds to grow a garden. The program is designed to help prevent hunger and malnutrition by ensuring a better diet for a low-income household. It is not designed to supply all food needs, only to supplement them.

Residents can now apply for Social Services benefits online. Click [Here](#) to apply online at the Virginia CommonHelp website.

Service Area(s)

Hampton City