

Westmoreland Active Lifestyle Center

Age Requirements

60+

Available 24/7

No

Family

No

Intake Contact

Cynthia Tucker

Intake Contact Email

ctucker@bayaging.org

Intake Process

Walk in

Intake Contact Telephone

(804) 224-9330

Provider Refer

Yes

Self Refer

Yes

Bay Aging

<http://www.bayaging.org>

<https://www.bayaging.org/westmorelandalc/>

Main

(804) 224-9330

Toll-Free

(800) 693-6109

400 A. Meadows Ave

22443 VA

United States

Fee Structure

No Fee

Languages Spoken

English

Bay Aging provides recreational, socialization, nutritional, educational and enrichment services to older adults in neighborhood senior centers. Westmoreland Active Lifestyle Center offers programs to individuals who are age 60 and over and who function independently.

Programs on money management, managing the aging process, sports and exercise programs, arts and crafts, hot nutritious meals and transportation to centers, local shopping, banking and occasional day trips.

This location has computers.

The Agency's goal is to provide support to help older citizens remain as independent as possible for as long as possible.

Please call for more information.

Service Area(s)

Westmoreland County