

## Mathews County Active Lifestyle Center

Age Requirements

60+

Available 24/7

No

Other Eligibility Criteria

Participants must be fully- functional

Family

No

Intake Contact

Amy Thomas

Intake Process

Walk in or call for information.

Provider Refer

Yes

Self Refer

Yes

Bay Aging

<http://www.bayaging.org>

<http://bayaging.org/mathewsalc/>

Main

(804) 725-7850

10494 Buckley Hall Road

23109 VA

United States

Fee Structure

No Fee

Languages Spoken

English

Bay Aging provides recreational, socialization, nutritional, educational and enrichment services to older adults in neighborhood senior centers. Services are available to individuals who are age 60 and over and who function independently.

Programs on money management, managing the aging process, sports and exercise programs, arts and crafts, hot nutritious meals and transportation to centers, local shopping, banking and occasional day trips.

Computers are located at this location.

The Agency's goal is to provide support to help older citizens remain as independent as possible for as long as possible.

Please call for more information.

Service Area(s)

Mathews County