## **Gum Springs Senior Program**

Age Requirements 56-60 , 60 +Available 24/7 No Other Eligibility Criteria Fairfax County resident; age 60 and older Family No Intake Contact Angela Tibbs Intake Contact Email karisma.horne@fairfaxcounty.gov Intake Process Walk in; if transportation is needed, complete application; cost is \$.50 Provider Refer Yes Self Refer Yes Fairfax County Neighborhood and Community Services http://www.fairfaxcounty.gov/ncs/ https://www.fairfaxcounty.gov/neighborhood-community-services/gum-springscommu... @FairfaxNCS Main (703) 360-6088 8100 Fordson Road 22306 VA United States Additional Availability Comments

Senior Center is open Tuesday, Wednesday and Thursday 10am until 2:00pm Business hours for the Community Center are Monday through Friday 8am until 5pm Fee Structure Call for Information Payment Method(s) Private Pay Languages Spoken English

Gum Springs Community Center has a program for seniors that is open from 10 AM until 2 PM on Tuesday, Wednesday and Thursday. The program offers socialization, recreation, arts and crafts, trips and activities. Every Wednesday there is a trip to the local shopping center. The bus leaves as 10:30 AM and returns at 12:30 PM. Lunch is provided at the Center.

The Senior Center is located inside the Gum Springs Community Center.

Some activities offered are: fitness program, game room with billiards, ping pong and air hockey, other game tables, walking club, computer club, blood pressure checks, movies, etc.

Senior+ is the supportive services that enable seniors with minor cognitive and physical disabilities to actively participate in the day to day activities at Fairfax County senior centers. For more information, <u>visit Senior+</u>

Service Area(s) Fairfax City , Fairfax County , Falls Church City Email NCS@fairfaxcounty.gov