

Supplemental Nutrition Assistance Program **(SNAP)**

Age Requirements

18 and over

Available 24/7

No

Other Eligibility Criteria

Resident of Southampton County; Must meet income guidelines.

Intake Process

Call for more information and requirements. Visit CommonHelp online to apply

Provider Refer

Yes

Self Refer

Yes

Southampton County Department of Social Services

https://www.southamptoncounty.org/departments/social_services/index.php

Main

(757) 653-3080

26022 Administration Center Drive

23837 VA

United States

Monday: 8:30 am-4:30 pm

Tuesday: 8:30 am-4:30 pm

Wednesday: 8:30 am-4:30 pm

Thursday: 8:30 am-4:30 pm

Friday: 8:30 am-4:30 pm

Saturday: Closed

Sunday: Closed

Fee Structure

No Fee

Languages Spoken

English

Southampton County Department of Social Services participates in the Supplemental Nutrition Assistance Program (SNAP), formerly known as Food Stamps. SNAP benefits are electronic benefits that can be used like cash to buy food at any store that has a sign displaying the Quest logo or a picture of the Virginia Electronic Transfer Benefit card.

Each eligible household will receive a card that may be used like a bank debit card to purchase eligible food items from your account.

With SNAP benefits, you can also purchase seeds to grow a garden. The program is designed to help prevent hunger and malnutrition by ensuring a better diet for a low-income household. It is not designed to supply all food needs, only to supplement them.

Residents can now apply for Social Services benefits online. Click [Here](#) to apply online at the Virginia CommonHelp website.

Service Area(s)

Southampton County