## **Non-Medical Personal Care**

Age Requirements 60 +Available 24/7 Yes Intake Contact Holly Edwards Intake Contact Email derek@aidandassist.net **Intake Process** Call for no-obligation consultation Self Refer Yes Aid and Assist At Home, Inc. http://www.aidandassist.net/ Main (423) 764-5000 Toll-Free (800) 978-0019 1241Volunteer Parkway 37620 TN United States Additional Availability Comments Services can be provided 24/7 Fee Structure Call for Information Payment Method(s) Private Pay Languages Spoken English

Aid and Assist In-Home Care provides services to individuals who require assistance with their daily routine, but are not ready to leave their own home. Services are provided to elderly, disabled and their families in southwest Virginia and Tennessee. Some of the personal care services offer include stand by assistance with grooming and dressing; exercise reminders; assist with ambulatory; medication reminders and help reduce the risk of falls.

Services are offered to individuals with decreased sight or hearing, those recovering from major surgery, those with chronic medical conditions or Alzheimer's disease or dementia. Free no-obligation consultation is offered.

Office is on ground floor with easy-to-grasp handle, minimum 32" wide opening and no abrupt level changes over 1/4 inch from parking area. Designated parking close by and signage for non-accessible entrances.

Service Area(s) Abingdon City ,

**Bristol City** 

Smyth County

Tennessee

Washington County