

# Primeplus, Norfolk Senior Center, Adult Day Services

Age Requirements

22-55

,

56-60

,

60+

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Age 45 and over, requiring assistance; in need of daily supervision or activity designed to stimulate and improve functioning.

Family

No

Intake Contact

Sandy White

Intake Contact Email

swhite@primeplus.org

Intake Process

Application required; medical statement from a physician is necessary before admission. Call to schedule appointment.

Provider Refer

Yes

Qualifications

Qualification Type

Certification

Qualification Entity

Medicare/Medicaid

Qualification Number

8730270

Qualification Type

Licensure

Qualification Entity

Virginia Department of Social Services

Qualification Number

ERO2004-009

Report Problems

Call the Agency

Self Refer

Yes

Primeplus, Norfolk Senior Center

<https://primeplus.org/>

<https://primeplus.org/adult-day-services/>

<https://www.facebook.com/AskPrimeplus>

Main

(757) 625-5857

7300 Newport Avenue, Suite 100

23505 VA

United States

Additional Availability Comments

Office Hours are Monday - Friday 8:00am - 5:30pm

Fee Structure

Call for Information

Payment Method(s)

Cash or Check

,

Money Order

,

Credit / Debit

,

Private Pay

Languages Spoken

English

Adult Day Services by Norfolk Senior Center, trading as Primeplus provides non-medical care, supervision, guidance and/or training for sustaining the activities of daily living. This model is structured for comprehensive programs that provide individuals with socialization, supervision, monitoring and personal care in a

supervised setting.

Other Activities/Services can include but not limited:

- -Therapeutic Activities: Physical, Social, Cognitive and Creative activities designed to limit disabilities and maximize strengths, Art and Music therapy, Exercise and Wellness
- -Nutritious family style meals and Nutrition education
- -Individual/Family/Group Caregiver Support Counseling
- -Information and Referrals
- -Transportation - Supervised, door to door transportation to and from the program, if needed

The Social Model is an important component of the Adult Day Services community-based service-delivery system. By providing community-based services means having high-quality services accessible to families in the least restrictive setting possible. To meet the needs of the aging South Hampton Roads community we provide a nurturing environment for participants with fixed incomes and/or low to moderate income in our caregiver respite program, thereby providing much-needed respite for caregivers, allowing them to maintain employment and tend to their own needs as well as the needs of their other family members.

Research demonstrates that caregivers who experience stress and burden are more likely to “burn out” and, thus, place their loved ones in an institution prematurely. Our Adult Day Services provides care during the day for impaired or frail adults in a group setting away from their individual homes. Capacity is 35

Service Area(s)

Hampton City

,

Norfolk City