

Meals on Wheels

Age Requirements

60+

Available 24/7

No

Documents Required

Picture ID

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Proof of address

Other Eligibility Criteria

Homebound elderly and those with disabilities; Call for details

Family

No

Intake Contact Email

mealsonwheels@seniorservicesalex.org

Intake Process

Call for information; complete application

Residency Requirements

City residence

Self Refer

Yes

Senior Services of Alexandria

<http://www.seniorservicesalex.org/>

<http://seniorservicesalex.org/programs/meals-on-wheels/>

<https://www.facebook.com/SeniorServicesofAlexandria>

Main

(703) 836-4414 x112

333 N. Washington Street

22314 VA

United States

Additional Availability Comments

Meals are generally delivered between 11:30am and 2pm

Fee Structure

Fixed Fee

Payment Method(s)

Private Pay

Languages Spoken

English

Senior Services of Alexandria (SSA) operates Meals on Wheels, a local senior nutrition program in the City of Alexandria.

Meals on Wheels allows seniors (60 +) who are unable to leave their homes to shop or who have difficulty preparing a meal to have two healthy meals a day delivered to their homes. SSA provides meals 365 days a year in partnership with the City of Alexandria, loyal volunteers and donors.

Volunteers are always needed especially on weekends to deliver meals. The time-commitment is about 2 hours and training is provided. For more information contact mealsonwheels@seniorservicesalex.org or call 703-836-4414, ext. 12

Service Area(s)

Alexandria City

Email

mealsonwheels@seniorservicesalex.org