Nutrition Program, Home Delivered Meals

Age Requirements 60 +Available 24/7 No Other Eligibility Criteria Elderly or individuals who are home bound and physically unable to prepare nutritious meals Family No Intake Contact **Nutrition Program Coordinator** Intake Contact Email tezell@lcaaa.org **Intake Process** Call for information; complete application; in home assessment Self Refer Yes Lake Country Area Agency on Aging http://www.lcaaa.org http://www.lcaaa.org/nutrition.htm Main (434) 447-7661 Toll-Free (800) 252-4464 1105 West Danville Street 23970 VA **United States** Fee Structure Call for Information

Languages Spoken

English

Lake Country Area Agency on Aging offers home delivered meals to participants in each of the three counties.

This Nutrition Program provides nutritious meals on a regular basis to those individuals age 60 and older who are in the greatest economic, physical and social need.

Home-Delivered meals are made available for those elderly persons who are unable to prepare nutritious meals for themselves. Hot meals are provided weekly through the use of heat retention containers. Breakfast shelf staple meals are delivered on a bi-monthly basis by volunteers. Homebound participants also receive frozen meals to help support their nutritional needs

Service Area(s)
Brunswick County
,
Halifax County
,
Mecklenburg County
,
South Boston City
Email
lakecaaa@lcaaa.org