Active Lifestyles Program, Brittingham Midtown

Age Requirements

No Age Requirement

Available 24/7

No

Other Eligibility Criteria

Generally 55 and older

Family

No

Intake Contact

Angelia Edwards

Intake Contact Email

activelifestyles@nnva.gov or aedwards@nnva.gov

Intake Process

Participants for the Mature Adult Program are accepted through telephone referrals, self-referral, or walk-ins. Call 591-4853 for information

Provider Refer

Yes

Self Refer

Yes

Newport News Parks, Recreation and Tourism

https://www.nnparks.com

https://www.nnva.gov/932/Brittingham-Midtown-Community-Center

https://www.facebook.com/NNactivelifestyles/

Main

(757) 591-4853

570 McLawhorne Dr

23601 VA

United States

Additional Availability Comments

Monday through Thursday 6am until 9pm; Friday 6am until 8pm; Saturday 9am until 6pm

Fee Structure

Fee Range

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Call for Information
Payment Method(s)
Private Pay
Languages Spoken
English

Brittingham-Midtown Community Center is a recognized "Age-Friendly Facility" by the International Council on Active Aging (ICAA). Available are aquatics, gymnasium, multipurpose rooms and more.

The Active Lifestyles Program at Brittingham-Midtown Community Center offers activities to enrich the mature adult community such as classes, special events, trips, lecture series and daily activities. The Active Lifestyles Newsletter is printed quarterly and contains a listing of services, classes and events scheduled for the senior center. Some activities may have a small cost.

The center also offers AARP Defensive Driving class, rubber stamping, health and safety seminars, cultural enrichment programs, monthly bingo program, nutrition seminars, senior games, craft shows, cookouts, dances, fashion shows, fitness seminars, and an array of educational opportunities. Fashion Elegantes Modeling Club's meetings are held at this center.

The Center is located just off Jefferson Avenue. For facility rental information call 757-591-4853.

Service Area(s)
Newport News City
Email
nnparks-and-recreation@nnva.gov