## **Caregivers Support Group**

Age Requirements 18 and over Available 24/7 No Other Eligibility Criteria Adult. Resident of McLean, Grafton, Falls Church, Oakton, Reston, Vienna and Fairfax Family No **Intake Contact** Staff Member Intake Contact Email office@scov.org Intake Process Call for further information or email. **Provider Refer** Yes **Report Problems** Call the Agency **Residency Requirements** Certain Zip codes in Fairfax County Self Refer Yes Shepherd's Center of Northern Virginia (SCNOVA) https://www.scnova.org/ https://scnova.org/services/services-caregivers-support-group/ https://www.facebook.com/scnova.org Main (703) 260-9568 541 Marshall Road SW 22180 VA **United States** 

Monday: 10:00 am-4:00 pm Tuesday: 10:00 am-4:00 pm Wednesday: 10:00 am-4:00 pm Thursday: 10:00 am-4:00 pm Friday: 10:00 am-4:00 pm Saturday: Closed Sunday: Closed Additional Availability Comments Office hours are Monday-Friday 10AM-2PM Fee Structure No Fee Languages Spoken English

The Caregivers' Support Group, started in 2002, is for caregivers of adult family members. Most of the care receivers have dementia, but that condition is not a requirement. Some are cared for at home, some in local assisted living facilities, and some are out of state. Meetings are gently facilitated and encourage sharing of feelings, problems, helpful information, and bright spots.

The Caregivers' Support Group offers two sessoins a month, on the 1st and 3rd Tuesday of every month from 10:00 am-11:30 am via Zoom. For more information, contact Jack Tarr, 703-821-6838, jtarr5@verizon.net; or Lynn Rafferty, 703-508-1365, radmom8992@gmail.com.

Join us to share ideas and resources. This is an opportunity to reach out to others and to receive support from those who have traveled the road of care giving.

Service Area(s) Fairfax City

Fairfax County

Falls Church City Email office@scnova.org