

## Home Delivered Meals

Age Requirements

18 and over

Available 24/7

No

Other Eligibility Criteria

Must be a resident of Suffolk or Windsor

Family

No

Intake Contact Email

info@suffolkmealsonwheels.com

Intake Process

Telephone referral; walk-ins accepted; application required. You can also mail to rlworrel@sentara.com

Provider Refer

Yes

Report Problems

Other

Self Refer

Yes

Suffolk Meals On Wheels, Inc.

<http://suffolkmealsonwheels.com/>

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Main

(757) 934-4911

Sentara Obici Hospital

2800 Godwin Boulevard

23434 VA

United States

Monday: 9:00 am-3:00 pm

Tuesday: 9:00 am-3:00 pm

Wednesday: 9:00 am-3:00 pm

Thursday: 9:00 am-3:00 pm

Friday: 9:00 am-3:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

No Fee

Payment Method(s)

Private Pay

Languages Spoken

English

Suffolk Meals on Wheels deliver meals to senior and disabled residents in Suffolk and the Isle of Wight County Region. Two nourishing meals, including 2 beverages (juice or milk), are provided Monday - Friday each week. Meals are prepared by Sentara Obici Food Services. The menus are developed by a licensed dietician and are required to meet 2/3 of the Recommended Dietary Allowance for Seniors. The meals include a hot noon day meal and a cold supper meal. Special diets are available upon request. Meals are delivered by awesome volunteers. An application to receive meals can be downloaded from the website. A completed application must be received before meal service can begin. We also deliver smiles...

An [application for service](#) can be downloaded from the website. A completed application for service must be received before meal service can begin. Accessible entrance is the Sentara Obici Hospital entrance.

Suffolk Meals on Wheels, Inc is accredited by the Meals on Wheels of America located in Arlington, Virginia.

Service Area(s)

Suffolk City

Email

[rlworrel@sentara.com](mailto:rlworrel@sentara.com)