

## **Fitness Center, Health Club**

Age Requirements

18 and over

Available 24/7

No

Other Eligibility Criteria

Call for more information.

Intake Process

Call for more information.

Self Refer

Yes

Body Creations Gym

<https://bodycreationsgym.com/>

Main

(804) 262-8004

9103 Old Staples Mill Road

23228 VA

United States

Monday: 5:00 am-10:00 pm

Tuesday: 5:00 am-10:00 pm

Wednesday: 5:00 am-10:00 pm

Thursday: 5:00 am-10:00 pm

Friday: 5:00 am-9:00 pm

Saturday: 8:00 am-6:00 pm

Sunday: 8:00 am-4:00 pm

Fee Structure

Fixed Fee

Payment Method(s)

Private Pay

Languages Spoken

English

Body Creations Fitness offers a neighborhood health club/gym with weight training and exercise equipment. Equipment includes free weights, exercise bicycles, treadmills, elliptical runners, stair climbers, rowing machines. Boxing is also available. Amenities include individual shower stalls, free daily lockers, personal trainers, and tanning facilities.

The Body Creations Pro Shop carries the full line of American Bodybuilding Products, Parillo, BSN, EAS, Red Bull, and other top manufacturers.

Service Area(s)

Chesterfield County

,

Goochland County

,

Hanover County

,

Henrico County

,

Richmond City

Email

[bodycreationsgym@gmail.com](mailto:bodycreationsgym@gmail.com)