

## **Meals on Wheels**

Age Requirements

18 and over

Available 24/7

No

Other Eligibility Criteria

Homebound individuals who cannot prepare meals for themselves.

Family

No

Intake Contact Email

cho@cho-va.com

Intake Process

To receive meals, apply through Fairfax County Area Agency on Aging. You can also call the office.

Provider Refer

Yes

Self Refer

Yes

Committee for Helping Others (CHO)

<http://www.cho-va.com>

<https://cho-va.com/services/meals-on-wheels/>

<https://www.facebook.com/CHOvienna/>

Main

(703) 324-5409

PO Box 233

22183 VA

United States

Fee Structure

Call for Information

Languages Spoken

English

Committee for Helping Others (CHO) partners with Fairfax County's Area Agency on Agency to help deliver meals Monday through Friday to people who are unable to cook or prepare meals for themselves. Meals on Wheels serves adults age 60 or over or people with disabilities who cannot shop and prepare their own meals. CHO provides volunteer drivers to the program run by the Fairfax County Agency on Aging. The Meals on Wheels program is currently being handled by the Fairfax team, and meals will only be delivered once a week, instead of three. The program normally requires an assessment to determine eligibility; if you know anyone 60 or over who needs this help, suggest that they call 703 324-5409

Meals are provided by the Fairfax County Public School System. The Meals on Wheels coordinator works with member churches and organizations to maintain a base of volunteer drivers.

To volunteer, call 703.324.5406 or go to website and click on Volunteer Solutions. Service area covers Dunn Loring, Vienna, Oakton and Merrifield.

Service Area(s)

Fairfax City

,

Fairfax County

,

Falls Church City