

## **Home Delivered Meals**

Age Requirements

60+

Available 24/7

No

Other Eligibility Criteria

Citizens age 60 and older and homebound

Family

No

Intake Contact

Debbie Sanders

Intake Contact Email

dsanders@meoc.org

Intake Process

Walk-ins and telephone referrals accepted

Provider Refer

Yes

Self Refer

Yes

Mountain Empire Older Citizens, Inc. (MEOC)

<http://www.meoc.org>

<http://meoc.org/homedeliveredmealsmeoc.htm>

<https://www.facebook.com/mountainempireoldercitizens/>

<https://twitter.com/VAMEOC>

Main

(276) 523-4202

Toll-Free

(800) 252-6362

1501 Third Avenue East

24219 VA

United States

Fee Structure

Suggested Donation

Languages Spoken

## English

Home delivered meal service is available to homebound, frail elderly people who can no longer prepare nutritious well-balanced meals, have no one to assist them and are at-risk of losing their ability to live independently. Also, liquid nutrition meals are available in some situations with a physician's order.

Given the area's rural, mountainous geography, meals are delivered in a variety of ways. Those living in remote sections of the service area may receive a two or four-week supply of frozen dinners, if able to heat and store the meals. Those older citizens who live in more populated sections of the area, may be able to receive daily hot meals. Mountain Empire Older Citizens' home delivered meal service consists of one meal per day, five days per week.

### Service Area(s)

Lee County

,

Norton City

,

Scott County

,

Wise County

Email

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