

## **Physical Fitness**

Age Requirements

No Age Requirement

Available 24/7

No

Other Eligibility Criteria

Prince William County residents and visitors

Family

No

Intake Process

Phone

Provider Refer

Yes

Self Refer

Yes

Prince William County Parks and Recreation

<http://www.pwcgov.org/government/dept/park/Pages/default.aspx>

Main

(703) 792-7060

TTY/TTD

(703) 791-4068

14420 Bristow Road

20112 VA

United States

Additional Availability Comments

Call for hours

Fee Structure

Fixed Fee

Languages Spoken

English

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Spanish

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Sign Language

Prince William County Parks and Recreation offers classes for all ages and groups (mentally and/or physically disabled, senior citizens, etc.). Activities include swimming, wellness, fitness, arts and crafts, aerobics, martial arts, dance, sports clinics, the performing arts and organized team sports.

Chinn Aquatics & Fitness Center houses the Aquatics Center which includes hot tubs, dry saunas, heated pool and more.

Sharron Baucom Dale City Recreation Center offers wellness programs and fitness classes for all ages.

English, Spanish (Monday-Friday 9AM-5PM), American Sign Language with advance notice

Service Area(s)

Prince William County