

## Companion Services

### Age Requirements

18 and over

Available 24/7

No

### Other Eligibility Criteria

Must be a resident of Portsmouth and meet guidelines set up by program.

### Family

No

### Intake Process

Walk-ins accepted; appointment required for some programs.

### Self Refer

Yes

Portsmouth Department of Social Services

<http://www.portsmouthva.gov/384/Social-Services>

<http://www.portsmouthva.gov/423/Companion-Services>

### Main

(757) 405-1800

1701 High Street

Suite 101

23704 VA

United States

Monday: 8:00 am-5:00 pm

Tuesday: 8:00 am-5:00 pm

Wednesday: 8:00 am-5:00 pm

Thursday: 8:00 am-5:00 pm

Friday: 8:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

### Fee Structure

No Fee

### Languages Spoken

English

The purpose of Companion Services is to help disabled individuals remain in their own homes as opposed to institutional placement. Services include light housekeeping, errands and some personal care duties. The maximum number of hours per week of companion services is determined on an individual basis.

Payments are made by the Department of Social Services to agency contracted home health agencies. Eligibility is based on state established income guidelines. A waiting list is maintained to remain within the city's funding allocation.

Service Area(s)  
Portsmouth City