

## **Ballad Health, Johnston Memorial Hospital,** **Nutrition Counseling**

Age Requirements

No Age Requirement

Available 24/7

No

Other Eligibility Criteria

No restrictions

Family

No

Intake Process

Call for information. You can also visit the website.

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Ballad Health, Johnston Memorial Hospital

<https://www.balladhealth.org/locations/hospitals/johnston-memorial>

<https://www.balladhealth.org/medical-services/nutrition-counseling>

<https://www.facebook.com/BalladHealth/>

<https://twitter.com/BalladHealth>

Main

(276) 258-1000

Toll-Free

(800) 366-1132

16000 Johnston Memorial Drive

24211 VA

United States

Fee Structure

Call for Information

Payment Method(s)

Private Pay  
Languages Spoken  
English

Nutrition counseling at Johnston Memorial Hospital teaches you what, when, and how to eat for your specific health condition. This service is one of the simplest ways to help yourself feel better and more energetic.

Ask a doctor about nutrition counseling if you or your child has:

- Cancer
- Diabetes
- Digestive issues, including irritable bowel syndrome
- Eating disorders
- Food allergies or intolerances, such as celiac disease
- Heart disease
- High blood pressure or high cholesterol
- Kidney disease
- Obesity
- Osteoporosis
- Trouble swallowing

Nutrition counseling can help you enjoy a healthy pregnancy. You can also take advantage of the service if you're preparing for bariatric (weight-loss) surgery.

Service Area(s)  
Abingdon City  
,  
Washington County