

## **Home Delivered Meals**

Age Requirements

60+

Family

No

Intake Contact Email

info@jabacares.org

Intake Contact Telephone

(434) 817-5244

Provider Refer

Yes

Self Refer

Yes

JABA (Jefferson Area Board for Aging)

<http://www.jabacares.org>

<https://www.jabacares.org/home-delivered-meals>

<https://www.facebook.com/jaba.charlottesville/>

JABA (@jabacares) / Twitter

Main

(434) 817-5222

674 Hillsdale Drive

Suite 9

22901 VA

United States

The JABA Home Delivered Meals Program is provided to older adults (60+) who are unable to prepare their own well-balanced meals either on a temporary or long-term basis. JABA offers home delivered meal options through Mom's Meals and partnership with Meals on Wheels. Meals on Wheels offers chilled meals and hot meals in Charlottesville and Fluvanna. Mom's Meals is offered in Charlottesville City and Albermarle, Fluvanna, Greene, Louisa, and Nelson counties. All meals are delivered to seniors' homes via a delivery service provided by a contracted vendor.

Volunteers are available for optional friendly check-in calls and visits, and special program information, nutrition education, and health promotion materials are also provided to support individuals from home. A Registered Dietician is available for consultations.

Aging Services Coordinators will assist with applications and eligibility for home delivered meals. Participants are asked to contribute toward their meal on a voluntary basis, and Aging Services Coordinators will suggest a contribution, according to income. However, no one is denied a meal due to the inability to contribute.

Call the Senior Helpline at (434) 817-5244

Service Area(s)

Albemarle County

,

Charlottesville City

,

Fluvanna County

,

Greene County

,

Louisa County

,

Nelson County

Email

[info@jabacares.org](mailto:info@jabacares.org)