

## Homemaker Services

Age Requirements

60+

Available 24/7

No

Other Eligibility Criteria

Frail, elderly persons age 60 and over who need assistance in their home

Family

No

Intake Contact Email

pholland@raaa16.org

Intake Process

Self-referral. Written assessment required

Self Refer

Yes

Healthy Generations Area Agency on Aging

<https://healthygenerations.org>

<https://www.facebook.com/RappahannockAreaAgencyonAging/>

Main

(540) 371-3375

Toll-Free

(800) 262-4012

460 Lendall Lane

22405 VA

United States

Fee Structure

No Fee

Languages Spoken

English

,

Spanish

,

French

,

## Multi-Lingual

The Older Americans Act requires that agencies on aging develop service systems for older individuals who are capable of self-care but need assistance in maintaining maximum independence in their home environments.

Homemaker services can be provided on a weekly or biweekly basis to assist those who are frail, have disabilities, and/or are at risk of premature institutional placement. Assistance includes light housekeeping, essential shopping, and small meal preparation.

English, Spanish, French, Russian, and Vietnamese is spoken in the office.

### Service Area(s)

Caroline County

,

Fredericksburg City

,

King George County

,

Spotsylvania County

,

Stafford County