

Diabetes Management Program

Age Requirements

0-5

,

6-12

,

13-21

,

22-55

,

56-60

,

60+

Available 24/7

No

Family

No

Intake Process

Physician referral required, Appointment required.

Self Refer

No

Sentara Northern Virginia Medical Center

<http://www.sentara.com/Northern-Virginia/Pages/Home.aspx>

Main

(703) 523-0590

2300 Opitz Boulevard

22191 VA

United States

Fee Structure

Call for Information

Payment Method(s)

Private Pay

,

Private Insurance

,
Medicare

,
Medicaid

Languages Spoken
English

Diabetes Management at Sentara Northern Virginia Medical Center provides practical advice on nutrition, medications, achieving better blood glucose control, hygiene, sick day management, community resources, techniques for combating stress and exercise. Individual pre-assessment and follow-up consultation are included.

Group and individual programs are intended to complement a doctor's care. Besides the Diabetes Management class, other classes include the Pre-Diabetes Education Program, Gestational Diabetes Management, Insulin Pump Program and Diabetes Support Groups. Many insurance plans cover the cost of outpatient diabetes education programs.

The Outpatient Diabetes Management Program at Sentara Northern Virginia Medical Center is recognized by the American Association of Diabetes Educators for quality patient education.

For more information or to register, call 703-523-0590. You can also learn about the program at [Diabetes Management Program](#)

Service Area(s)
Fairfax City

,
Fairfax County

,
Falls Church City

,

Manassas City

,

Manassas Park City

,

Prince William County

,

Stafford County