

## Wellness

Age Requirements

0-5

,

6-12

,

13-21

,

22-55

,

56-60

,

60+

Available 24/7

No

Other Eligibility Criteria

Persons age 60 and older.

Family

No

Intake Contact

Connie Blevins

Intake Process

Telephone referrals accepted.

Self Refer

Yes

District Three Governmental Cooperative

<https://www.district-three.org>

Main

(276) 783-8157

Toll-Free

(800) 541-0933

4453 Lee Highway

24354 VA

United States

## Fee Structure

### Call for Information

The wellness program is a cooperative venture with the Mount Rogers Health District and the Virginia State Health Department. It provides wellness and disease prevention services, including flu shots, blood pressure, cholesterol and glucose screenings and health education programs. These services are offered at the local Senior Centers and nutrition sites.

### Service Area(s)

Abingdon City

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Bland County

,

Bristol City

,

Carroll County

,

Galax City

,

Grayson County

,

Smyth County

,

Washington County

,

Wythe County