

# Arlington Mill Senior Center

Age Requirements

56-60

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60+

Available 24/7

No

Other Eligibility Criteria

Senior Adults

Family

No

Intake Contact

Nicholas Englund, Director

Intake Contact Email

nenglund@arlingtonva.us

Intake Process

In order to participate you must register with the Senior Adult Office. The Office of Senior Adult Programs (OSAP) can be reached at 703-228-4747 (option 3) or email [osap@arlingtonva.us](mailto:osap@arlingtonva.us)

Intake Contact Telephone

(703) 228-7369

Provider Refer

Yes

Self Refer

Yes

Arlington County Department of Parks and Recreation

<http://parks.arlingtonva.us/>

Main

(703) 228-7790

TTY/TTD

(703) 228-4611

909 S Dinwiddie St

22204 VA

United States

## Additional Availability Comments

Monday - Friday 9 am - 3 pm

Fee Structure

Call for Information

Payment Method(s)

Private Pay

Languages Spoken

English

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Sign Language

Arlington County has 6 senior centers spread throughout the County which promote friendship and socialization among participants. The Centers also provide a wide range of programs of interest to individuals over the age of 55 including health and wellness, nutrition, exercises, educational programs, classes, dancing, holiday functions, assistance with taxes. This center offers the congregate meal program for those over the age of 60.

Participants are encouraged to apply for a 55+ pass at a cost of \$20/year for an Arlington resident, \$30/year for a resident household, \$45/year for a non-resident, \$65/year for a non-resident household. Nobody will be denied due to inability to pay. Please call 703-338-4744 for information regarding Arlington's 55+ and Arlington's Senior programs.

Transit options (within 1/4 mile): Metrobus 16GK and ART 41, 75

Arlington County maintains five Senior Centers that offer a wide variety of programs and services. Senior Center activities can include exercise and sports, trips, social events, classes and guest speakers, discussion groups and clubs, games, crafts, music and more.

Service Area(s)

Arlington County