Little River Glen Senior Center

Age Requirements 56-60 60 +Available 24/7 No Other Eligibility Criteria Residents of Fairfax County, 50 years of age or older

All program applicants must meet eligibility requirements, participation guidelines, and adhere to the Code of Conduct for senior centers. Family No Intake Contact Karen Gasper Intake Contact Email karen.gasper@fairfaxcounty.gov **Intake Process** Complete a registration form at the center Provider Refer Yes Self Refer Yes Fairfax County Neighborhood and Community Services http://www.fairfaxcounty.gov/ncs/ https://www.fairfaxcounty.gov/neighborhood-community-services/senior-centers @FairfaxNCS Main (703) 503-8703 4001 Barker Court 22032 VA **United States**

Additional Availability Comments

Operating hours are Monday through Friday 9:00am to 4:00pm

Fee Structure
Call for Information
Payment Method(s)
Private Pay
Languages Spoken
English

Little River Glen Senior Center offers a wide assortment of energizing and enjoyable programs and services for citizens 55 years of age or older. Programs are specifically designed for senior adults who wish to maintain healthy and fulfilling lives.

As diverse as the people they serve, these offering provide a broad range of opportunities and experiences: social events, recreation classes, intergenerational opportunities; day trips, tours shopping; health fairs, fitness programs, senior Olympics; enrichment classes, workshops and computer education. The staff collaborates with other County and community organizations to provide many services for the County's aging population including transportation to and from centers, nutritious lunch, and information and referral to various human services.

The Senior+ Program is an innovative inclusion program, within the senior centers, for seniors with minor cognitive and physical disabilities. Senior+ bridges the gap between day programs for fully independent seniors and those who require more assistance. Its value is that it allows seniors with disabilities to enjoy the wide range of programming found at the county's full service senior centers. For more information visit Senior+.

Transportation, by Fastran bus, may be available at a nominal charge from your home to the center nearest you and back home. Check with the center to find out about transportation.

{Languages: German}

Service Area(s)

Fairfax City
,
Fairfax County
,
Falls Church City
Email
NCS@fairfaxcounty.gov