

Little River Glen Senior Center

Age Requirements

56-60

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60+

Available 24/7

No

Other Eligibility Criteria

Residents of Fairfax County, 50 years of age or older

All program applicants must meet eligibility requirements, participation guidelines, and adhere to the Code of Conduct for senior centers.

Family

No

Intake Contact

Karen Gasper

Intake Contact Email

karen.gasper@fairfaxcounty.gov

Intake Process

Complete a registration form at the center

Provider Refer

Yes

Self Refer

Yes

Fairfax County Neighborhood and Community Services

<http://www.fairfaxcounty.gov/ncs/>

<https://www.fairfaxcounty.gov/neighborhood-community-services/senior-centers>

@FairfaxNCS

Main

(703) 503-8703

4001 Barker Court

22032 VA

United States

Additional Availability Comments

Operating hours are Monday through Friday 9:00am to 4:00pm

Fee Structure

Call for Information

Payment Method(s)

Private Pay

Languages Spoken

English

Little River Glen Senior Center offers a wide assortment of energizing and enjoyable programs and services for citizens 55 years of age or older. Programs are specifically designed for senior adults who wish to maintain healthy and fulfilling lives.

As diverse as the people they serve, these offerings provide a broad range of opportunities and experiences: social events, recreation classes, intergenerational opportunities; day trips, tours shopping; health fairs, fitness programs, senior Olympics; enrichment classes, workshops and computer education. The staff collaborates with other County and community organizations to provide many services for the County's aging population including transportation to and from centers, nutritious lunch, and information and referral to various human services.

The Senior+ Program is an innovative inclusion program, within the senior centers, for seniors with minor cognitive and physical disabilities. Senior+ bridges the gap between day programs for fully independent seniors and those who require more assistance. Its value is that it allows seniors with disabilities to enjoy the wide range of programming found at the county's full service senior centers. For more information visit [Senior+](#).

Transportation, by Fastran bus, may be available at a nominal charge from your home to the center nearest you and back home. Check with the center to find out about transportation.

{Languages: German}

Service Area(s)

Fairfax City

,

Fairfax County

,

Falls Church City

Email

NCS@fairfaxcounty.gov